

SELF HYPNOSIS



FEED THE NEED

Mind Body Academy presents two exceptional Workshops to help you get what you want!
Do them separately or choose the bundle!

SELF HYPNOSIS WORKSHOP

SELF-HYPNOSIS training can help you achieve things you thought were impossible. Help you grow more, be better, achieve more at work and play. It can help you reclaim and reframe your life!

\$197 per person



David Lomman Dip. Nat. Dip. CH.
Naturopath and Hypnotherapist

FEED THE NEED WORKSHOP

FEED THE NEED trains you to tune into and understand your body's wisdom and it's needs for the right food and nutrients.

MBA Self-Hypnosis Training is a prerequisite!

\$297 per person

Master Hypnotherapist David Lomman has over 30 years' experience in Hypnosis. He has helped thousands of clients.

DAY & NIGHT WORKSHOPS

Bundle Price \$444



Online courses using ZOOM

BOOK NOW! Prices valid until December 2nd 2021

Email: support@mindbodyacademy.com.au

Web: www.mindbodyacademy.com.au

SELF HYPNOSIS – Build a Better Life for You!

SELF HYPNOSIS WORKSHOP

Create a better outcome in your life, reduce fears, anxiety, depression or increase confidence and outgoing so that you achieve the goals you want.

Sessions available:

SH: Tuesday 1pm, 4 sessions over 4 weeks

SH: Wednesday 7pm, 4 sessions over 4 weeks

FN: Tuesday 1pm, 4 sessions over 4 weeks

FN: Wednesday 7pm, 4 sessions over 4 weeks

FEED THE NEED

A GROUP Course held ONLINE using ZOOM that shows you how your body can tell you what foods or nutrients it needs at any time.

This means healthy choices and improved health conditions because Your body knows what is right and what is wrong. Run by an international transformation expert, the program offers state-of-the-art mind and body science to tune into your body and find out what food is required and when. The MBA Self-Hypnosis Workshop is a prerequisite

Buy the Bundle
both workshops
AND SAVE BIG

Only \$444

Use coupon code:
MBABU179

HOW TO BOOK

1. Go to our web site
2. Open the course overview and description
3. Go to the booking page and pay.

Or Call +61 410 466 914
for more details.

MBA Workshops are run online using zoom. These are guided workshops run by a master hypnotherapist to help you get what you want.

Mind Body Academy
ONLINE HEALTH CARE &
ONLINE TRAINING
Australia & International



Do you have unhealthy habits that are holding you back?

- ◆ Are you stuck in negative thinking?
- ◆ Are You Finding It Difficult to Change?
- ◆ Struggling to Adopt Healthy Habits?
- ◆ Stuck in Your Fears, Feeling No Peace?
- ◆ Struggling With Your Concentration?
- ◆ Can't Reduce Your Weight?
- ◆ Difficulty Shrinking Your Stomach?
- ◆ Struggling to Heal Your Aches and Pains?
- Use MBA Self Hypnosis for Relaxation
- Use MBA Self Hypnosis for Inner Peace
- Use MBA Self Hypnosis for Overcoming Anxiety
- Use MBA Self Hypnosis for Increasing Self Worth
- Use MBA Self Hypnosis for Balancing Your Weight
- Use MBA Self Hypnosis for Personal Development

YOU CAN MASTER
SELF HYPNOSIS



Conditions Apply

[Access Course Here](#)



Workshops available
in October &
November 2021

Interested? But unsure?
Then watch introductory
videos on our web site or
YouTube channel for
further information!